

# Let's Explore **NEPAL**

The Unique Diversity of  
Nature, Culture & Adventure



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Tours & Travels

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# About Nepal

**T**he beautiful Himalaya federal republic nation bordered by China in the north and India in the south is a land of sublime natural beauty, of ancient Buddhist monasteries and Hindu shrines, of smiling Himalayan Sherpas and woolly yaks. The Nepalese Himalayas contain eight of the world's ten highest peaks, including, Mt Everest, the highest point in the world. Nepal is the ultimate destination for those who thrive on extreme adventure.

Pokhara the gate way of, Annapurna trail, the longest trail of the world includes range where winding mountain paths link picturesque rural villages, making for some of the most beautiful walking trails on earth. Besides trekking, this country offers a host of thrilling adventure sports including rafting, kayaking and mountain biking. However, the lure/ attraction of Nepal is not only just exciting and adventure, but also impressive on cultural diversities that revealed in its palaces, Kathmandu, the cultural and religious city of the world, known as the Buddhist stupas, monasteries, Hindu shrines and pilgrimage spots, including the skill, art, knowledge and architecture of indigenous Newar people.

The capital city of Kathmandu is home to a remarkable collection of the country's finest traditional architecture



together with seven UNESCO affiliated cultural and religious heritage sites.

Lumbini, the birth place of Lord Gautam Buddha ' the light of Asia, where one can see the temple of Maya devi and beautiful Gumba and monarchy made by different nations in respects of Buddha. Chitwan, home land of disappearing one horned rhino and hundreds of insects bird and animals, located in south western part of Nepal represent the wilderness and natural beauty of Nepal.

## Why Destinago ?

### Run by a group of expertise:

**D**estinago is managed by a team of experienced professionals who have extensive knowledge and expertise in the travel industry.

### Highly organized travel company:

**D**estinago is known for its high level of organization and attention to detail. From trip planning to execution, they take care of every aspect of your travel, ensuring a smooth and hassle-free experience.

### Excellent quality service:

**D**estinago is committed to providing excellent quality service to its clients. They prioritize customer satisfaction and go the extra mile to ensure that your travel experience exceeds your expectations.

### Varieties of travel destinations:

**D**estinago offers a wide range of travel destinations to choose from. Whether you're interested in exploring the majestic Himalayas of Nepal, experiencing the rich cultural, nature and adventure around the globe.

### Cheap and best deals:

**D**estinago strives to offer competitive prices without compromising on the quality of service. They provide value for money by offering affordable yet well-curated travel packages.

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# Golden Triangle Tour

## Chitwan

In Asia Chitwan National Park, located in Chitwan district Bagmati province of Nepal around 150km far from Kathmandu is famous for wildlife and jungle safari. The national park was established in 1973 with the enactment of "National Park and Wildlife Conservation Act 1973". It is the first national park of Nepal that UNESCO declared as natural heritage site in 1984. Now the area is especially famous for jungle safari and watching endangered species like One-horned Rhinoceros and Gharial Crocodile. In the past, the site was famous for hunting. British dukes and princes had visited and involved in hunting. The royal



and Rana's family of Nepal also involved in hunting in the site. Hunting tigers, One-horned Rhinoceros was the main attraction, however, it is being globally famous for jungle safari.

The southern-central part of the Chitwan is also known as the land of Ramchandra. There can be seen various relic infrastructure of Treta Yuga (one of the important age of Hindu myth, the age covered the period, 975,102 BCE – 867,102 BCE) in Ayodhyapuri and Pandavnagar. The National Park is the famous destination of south Asia for observing and studying disappearing one horn rhino and Gharial and Magar crocodile. Thousands of Tourists are visited every year from all over the world for their life time wildlife experience.

## Pokhara

Pokhara's tranquil beauty has been the subject of inspiration for many travel writers. Its pristine air, spectacular backdrop of snowy peaks, blue lakes and surrounding greenery make it 'the jewel in the Himalaya' a place of remarkable natural disposition. With the magnificent Annapurna range forming the backdrop and the serenity of the Cluster of 9 Lakes with three major ones - Phewa, Rupa and Begnas – Pokhara is a great destination for a weekend getaway as well as a long relaxing holiday. The Valley is the gateway to the Annapurna region where a trekker finds his/her Shangri-la, sits high on the list of 'must visit' places in Nepal.



Pokhara also the gate of Mustang once lay on the important trade route between India and Tibet. More over it is home land of Gurungs and Magars, who have earned world-wide fame as fierce Gurkha warriors. Culturally the valley rich like nature where interesting culture of the Gurung, Magar and the Thakali can be experienced. It is best known for the stunning view of the Annapurna range. Due to rising ration altitude it makes an exotic land for the world where shadow of snowy peak fall on the blue lakes. It is perhaps one of the few places on earth from where mountains above 6,000 m can be seen unobstructed from an altitude of 800 m within the distance of 28 km.

## Kathmandu

Kathmandu valley included the three cities of Nepal Kathmandu , Bhaktpur and Lalitpur, however, Kathmandu Metropolitan City is known as Kathmandu which is the capital city of federal republic of Nepal. It is located and geographically lies in altitude the of 1,400 meters (4,600feet) from the sea level. The city is one of the oldest continuously inhabited places in the world, founded in the second century CE. The valley was historically called the "Nepal Mandala" and has been the home of the Newar people, a cosmopolitan urban civilization in the Himalayan foothills.



The valley is amazing homeland of, myth , culture, arts, civilizations, architecture . Religiously it was ancient homeland of Saiba, Bainaba, Buddhist and Kirant ( animist) in past. Right now , the valley is growing as mosaic land and cosmopolitan city where people from various castes, ethnicities , races and nationalities are lived. Out of ten world heritage of sites of Nepal seven are located in the valley like Katmandu Durbar Square, Bhaktpur Durbar Square Patan Durbar Square , Swayambhunath, Boudhanath, change Narayan and Pashupatinath. Including ancient heritage and arts various attractions are in Katmandu like, trekking pecially around the city , enjoy with Nepal foods and Drinks participating various festivals ( Jatra) Machendra Natha Jatra , Kumari Jatra , Bisket Jatra, taking bless with living god ' Kumari'



## Itinerary Outline

### DAY 01: ARRIVED AT KATHMANDU

Arrive at beautiful historic and ancient city Kathmandu Nepal. Meet and greet to the guest by our company representative at the Tribhuvan International Airport. The guest are transfer to the Chitwan. After arriving, check-in Hotel at Sauraha Chitwan National Park. The guest will have the lunch and take rest. After 16: 00 PM start the half day tour of Elephant breeding center, River side sightseeing and Tharu Culture Show. Then after dinner and overnight at Hotel.

### DAY 02: NATIONAL PARK WILDLIFE SAFARI

This day is very special day for the guest. After the breakfast, guest will be ready for adventure jungle safari by riding the elephant. It is around 1.5 hr to 2 hr inside the jungle. Guest can see One Horn Rhino, Tiger, Bear, Deers, different types Birds, Fishes and reptiles very closely.

After return back from the Elephant Safari guest will visit the Eco-museum where the guest will have so many information about the ecological diversity of Chitwan, National Park.

After having the lunch will start Jeep Safari inside the Chitwan, National Park. The duration of Jeep safari is around 4-5 hours. There is also highly chance to see One Horn Rhino, Tiger, Bear, Dears, Birds, Different types of

## Bardiya National Park

A hidden treasure for lovers of the outdoors and animals, Bardiya National Park is situated in the southwest of Nepal. This national park offers a one-of-a-kind and remarkable experience because to its diverse flora and animals, magnificent landscapes, and rich cultural legacy. Let's explore the splendors of Bardiya National Park and learn why it deserves to be on your travel itinerary. Bardiya National Park, which covers an area of around 968 square kilometers, is a paradise for those who love the outdoors. The park's diversified ecology, which is supported by a variety of wildlife, is characterized by lush woods, meandering rivers, grasslands, and marshes. The majestic Bengal tiger, Asian elephant, one-horned rhinoceros, and secretive Royal Bengal tiger are just a few of the more elusive of the more than 50 species of mammals that



Fishes, Butterflies and so many reptiles etc. During the National Park Safari also visit the crocodile hatchery inside the National Park.

After return back from the jeep safari will start the walking city tour, where the guest can shopping the local handicraft or souvenir and get taste of local cuisine. Then back to the hotel will have dinner and overnight at the Hotel.

### DAY 03: TRANSFER TO CITY OF LAKE (POKHARA)

After having the breakfast and check out from the hotel, guest will transfer to the Pokhara, which is known as city of lake. The distance is around 125KM from Chitwan. After arriving the Pokhara check in Hotel and will have the Lunch at Hotel.

After having the Lunch will start the Pokhara city tour. The tour start from David Falls, White Stupa, Mahendra Cave and Fewa Lake sightseeing. Then back to hotel, dinner and Overnight at Hotel.

### DAY 04: LAKE SAFARI AND SARANGKOT TOUR

This day is also very special day. After having the breakfast will start the Lake Safari in the Fewa Lake by boat. Which is one of the very famous lake in Pokhara. After the Lake Safari guest will be ready for Sarangkot teleferic by the cable car. After that guest will take to local market tour. The guest can visit the local souvenir shop. Then guest will back to the hotel, dinner and Overnight at the Hotel.



call it home, making it one of the greatest locations in Nepal for wildlife observations.

The best part of going on a safari at Bardiya National Park is seeing the wildlife. Get in a jeep or choose an adventurous elephant-back safari to discover the park's secret attractions. Be on the lookout for sightings of the park's native species as you travel through the lush forests and grasslands. Each moment is loaded with expectation, from



### DAY 05: TRANSFER TO ANCIENT AND HISTORIC CITY KATHMANDU

After having the breakfast, guest will checkout the Hotel and transfer to the beautiful ancient and historic city Kathmandu, It is the capital city of Republic of Nepal. It has unique history and cultural heritage. After arriving at Kathmandu Hotel check-in and lunch at the Hotel. After the lunch will start the half day city tour of Kathmandu. Back to hotel, dinner and overnight at Hotel.

### DAY 06: VALLEY CITY TOUR

This is also very special day for the guest. After having the breakfast, guest will transfer to world heritage side Bhaktapur Old city tour, Bhaktapur Durbar Square, Patan Durbar Square, Pashupati Temple and Hunumand Dhoka Durbar Square. This day guest will have the special lunch at Nepal Thakali Kitchen.

After the Lunch Guest will take to for shopping and sightseeing. Return back to Hotel, Farewell dinner and overnight at the Hotel.

### DAY 07: DEPARTURE

After having the breakfast, guest will check out the Hotel and transfer to the airport. Guest will be farewell with the sweet memory of Himalayan Kingdom Nepal and beautiful token of love which is handover by our representative.

the gracefully grazing herds of deer to the joyous dolphins dancing in the Karnali River. In addition to its natural beauty, Bardiya National Park is renowned for its extensive cultural history.

The Tharu people, an indigenous community with an own culture and way of life, live all around the park. Participate in cultural activities to learn about the distinct customs, cuisine, and way of life of the Tharu people, such as watching traditional dance performances, watching local handicraft displays, and visiting their villages. It's a chance to become involved with the community and forge deep ties.

Bardiya National Park is a real treasure of scenic views and wildlife encounters. This national park has something to offer everyone, whether they are nature lovers, wildlife enthusiasts, or just looking for an exciting new experience. Bardiya National Park delivers a unique journey into the heart of Nepal's natural beauties with its diversified environment, incredible wildlife sightings, and rich cultural legacy. Pack your luggage, grab your camera, and get ready to go on an incredible safari through this animal paradise.

## Day 1:

- » Arrive in Bardiya National Park and check into your accommodation.
- » Enjoy a leisurely walk around the lodge area, taking in the beautiful surroundings.
- » Attend a cultural dance performance by the Tharu community in the evening.

## Day 2:

- » Start your day with an early morning jeep safari, exploring the park's diverse habitats and searching for wildlife.
- » Return to the lodge for breakfast.
- » Embark on a guided nature walk, accompanied by an experienced naturalist who will share insights about the flora and fauna of the park.
- » After lunch, take a boat ride along the Karnali River, keeping an eye out for river dolphins and a variety of bird species.
- » In the late afternoon, head out for another jeep safari to maximize your chances of spotting wildlife.

## Day 3:

- » Rise early for an elephant-back safari, offering a unique perspective and the opportunity to get close to wildlife.
- » Return to the lodge for breakfast.
- » Take a guided bird-watching tour, exploring the park's diverse birdlife and capturing memorable photographs.
- » After lunch, visit a nearby Tharu village to learn about their culture, traditions, and way of life.
- » Enjoy a sunset walk along the riverbanks, soaking in the tranquil atmosphere of the park.

## Day 4:

- » Opt for a morning safari activity such as canoeing or cycling, exploring different areas of the park.
- » Return to the lodge for breakfast.
- » Spend the rest of the morning at leisure, relaxing or engaging in optional activities offered by the lodge.
- » After lunch, depart from Bardiya National Park with unforgettable memories of your wildlife adventure.



The Koshi Tappu Wildlife Reserve, located in the eastern Terai region of Nepal, is a protected area known for its rich biodiversity and as a haven for birdwatching enthusiasts. Here is an overview of the Koshi Tappu Wildlife Reserve:

### Location and Accessibility:

The Koshi Tappu Wildlife Reserve spans an area of 175 square kilometers and is situated in the Sunsari, Saptari, and Udayapur districts of eastern Nepal. It is approximately 500 kilometers southeast of Kathmandu, the capital city of Nepal. The reserve is easily accessible by road or air, with the nearest airport being Biratnagar Airport.

### Flora and Fauna:

The wildlife reserve is characterized by vast stretches of wetlands, grasslands, and riverine forests, making it an ideal habitat for a diverse range of flora and fauna. The reserve is especially renowned for its birdlife, with over 485 bird species recorded, including numerous migratory birds such as the endangered Bengal Florican, Asian Openbill, and Sarus Crane. The wetlands of Koshi Tappu also support a significant population of water buffalo, deer, wild boar, and the elusive Gangetic dolphin.

### Birdwatching and Wildlife Safari:

Koshi Tappu is a paradise for bird enthusiasts. Early mornings and late afternoons are the best times to explore the reserve, when the birds are most active. Guided birdwatching tours and wildlife safaris are available, providing an opportunity to observe and photograph a wide variety of bird species in their natural habitats. The guided tours are led by experienced naturalists who offer



valuable insights into the avian life found in the reserve.

### River Excursions and Fishing:

The Koshi River, which flows through the reserve, offers a unique opportunity for river excursions and fishing. Traditional dugout canoes or boats can be used to navigate the river, providing a chance to explore its scenic beauty and observe the aquatic wildlife. Fishing is also permitted in designated areas, allowing anglers to try their luck at catching species like the Golden Mahseer and Catfish.

### Conservation Efforts:

The Koshi Tappu Wildlife Reserve is dedicated to the conservation of its diverse ecosystems and the protection of its resident and migratory wildlife species. The reserve actively engages in habitat management, anti-poaching efforts, and community-based conservation programs. Visitors to the reserve contribute to these conservation efforts through entrance fees and by promoting responsible tourism practices.

### Accommodation and Visitor Facilities:

Accommodation options are available near the reserve, ranging from comfortable lodges to tented camps, providing visitors with a chance to stay in close proximity to nature. These accommodations offer a range of amenities and services, including guided tours, birdwatching excursions, and meals prepared with local flavors. The Koshi Tappu Wildlife Reserve offers a unique wildlife experience, especially for birdwatching enthusiasts. With its remarkable avian diversity, scenic landscapes, and conservation efforts, the reserve provides a memorable and educational experience for nature lovers and wildlife enthusiasts visiting eastern Nepal.

## Day 1: Arrival and Introduction to the Reserve

- » Arrive at the Koshi Tappu Wildlife Reserve and check-in at your accommodation.
- » Meet with your guide/naturalist who will provide an orientation about the reserve, its wildlife, and safety guidelines.
- » Take a leisurely walk around the lodge area to spot some of the resident bird species and enjoy the surrounding natural beauty.
- » In the evening, attend a presentation or briefing on the diverse birdlife and wildlife found in the reserve.

## Day 2: Bird watching and Wildlife Safari

- » Begin the day with an early morning birdwatching excursion, accompanied by your guide. Explore the wetlands, grasslands, and riverine forests, where you can spot a variety of resident and migratory bird species.
- » Return to the lodge for breakfast.
- » Embark on a guided wildlife safari in a jeep or on foot, exploring different areas of the reserve. Look out for wildlife such as water buffalo, deer, and maybe even the elusive Gangetic dolphin.
- » Enjoy a picnic lunch amidst the serene surroundings of the reserve.
- » In the afternoon, take a relaxing boat ride along the Koshi River, observing the aquatic life and enjoying the scenic views.
- » Return to the lodge in the evening and spend some time discussing the day's sightings and experiences.

## Day 3: Nature Walk and Departure

- » Start the day with a nature walk in the reserve, accompanied by your guide. Explore the diverse habitats and learn about the flora and fauna of the area.
- » Return to the lodge for breakfast.
- » Visit the nearby Koshi Barrage, a man-made dam, which serves as a habitat for various bird species. Observe the birds and enjoy the panoramic views.
- » After the visit, check-out from your accommodation and depart from the Koshi Tappu Wildlife Reserve with unforgettable memories of your wildlife experience.

# Shuklaphanta Wildlife Reserve



Shuklaphanta Wildlife Reserve, located in the far-western Terai region of Nepal, is a pristine conservation area that showcases the country's rich biodiversity and serves as a sanctuary for wildlife. Spanning over 305 square kilometers, the reserve is renowned for its vast grasslands, wetlands, and diverse range of flora and fauna. One of the key attractions of Shuklaphanta Wildlife Reserve is its population of endangered swamp deer, also known as Barasingha. The reserve plays a critical role in the conservation of these deer, as it provides a secure habitat for their survival and breeding. The sight of these majestic animals roaming freely across the grasslands is a truly remarkable experience. The reserve is also home to various other mammal species, including the elusive Bengal tiger, Indian leopard, Asian elephant, wild boars, and several species of deer such as spotted deer and hog deer. The diverse habitats within the reserve support a healthy ecosystem and create favorable conditions for a wide array of wildlife. For bird enthusiasts, Shuklaphanta Wildlife Reserve is a haven of avian wonders. With over 350 bird species recorded, including both resident and migratory

species, the reserve attracts birdwatchers from around the world. The wetlands and lakes within the reserve provide a habitat for numerous water birds, including the rare Bengal floricans, Sarus cranes, herons, and various species of ducks and egrets. The vegetation of Shuklaphanta Wildlife Reserve is equally impressive. The grasslands, locally known as phantas, cover a significant portion of the reserve and are dominated by different grass species. Riverine forests and patches of woodland add to the diversity of the landscape, housing a variety of tree species and offering refuge to several wildlife species.

To explore the reserve and its treasures, visitors can embark on jeep safaris or guided nature walks led by experienced park guides. These excursions allow for close encounters with wildlife while adhering to responsible tourism practices and maintaining the well-being of the animals. The local Tharu community, with their unique culture and traditions, adds another dimension to the Shuklaphanta Wildlife Reserve experience. Visitors have the opportunity to engage in cultural activities, witness traditional dance performances, and learn about the Tharu way of life. The rich cultural heritage of the region enhances the overall experience of immersing oneself in the natural wonders of the reserve. Conservation and sustainable practices are of utmost importance in Shuklaphanta Wildlife Reserve. Efforts are made to involve local communities in conservation initiatives, ensuring that the reserve's natural resources are protected for future generations.

Visiting Shuklaphanta Wildlife Reserve offers a chance to witness the untamed beauty of Nepal's wildlife and immerse oneself in its diverse ecosystem. The harmonious coexistence of flora, fauna, and local communities makes this reserve a must-visit destination for nature enthusiasts and wildlife lovers, providing a captivating and unforgettable experience in the heart of Nepal's wilderness.

## Itinerary Shuklaphanta

### Day 1:

- » Arrival in Mahendranagar: Arrive at Mahendranagar, the nearest city to Shuklaphanta Wildlife Reserve. Check into your hotel and rest for a while.
- » Orientation and Briefing: Meet with your tour guide or park representative for an orientation and briefing about the reserve, its wildlife, and the activities planned for your visit.
- » Explore Mahendranagar: Take a leisurely stroll through Mahendranagar, explore the local market, and immerse yourself in the local culture and cuisine.
- » Overnight stay in Mahendranagar.

### Day 2:

- » Transfer to Shuklaphanta Wildlife Reserve: After breakfast, travel to Shuklaphanta Wildlife Reserve. It takes about an hour to reach the reserve from Mahendranagar.
- » Check-in at the Reserve: Check in at the reserve's designated accommodation. Rest and freshen up.
- » Jeep Safari: Embark on an exciting jeep safari through the grasslands and forests of the reserve. Explore the diverse habitats and keep an eye out for wildlife such as swamp deer, tigers, leopards, elephants, and a variety of bird species.
- » Sunset at the Grasslands: Enjoy the stunning sunset views at the grasslands, capturing the beauty of the reserve in the golden light.
- » Overnight stay in the reserve.



# Chitwan National Park



Chitwan, in southern Nepal, is a haven for nature lovers and thrill seekers alike. Known for its beautiful forests, unique wildlife, and cultural attractions, Chitwan provides visitors with a lifetime of memories. Chitwan National Park is a must-see for nature lovers. The park is home to over 700 different animal species, including the Bengal tiger, one-horned rhinoceros, and Asian elephant. Visitors can watch these gorgeous animals up close by going on guided forest hikes, jeep safaris, or canoe trips. Chitwan is home to several traditional Tharu communities in addition to its wildlife. The Tharu are an indigenous tribe with a centuries-old cultural tradition. Visitors can learn about their distinct way of life, customs, and traditions, as well as experience their delicious local food.

Chitwan has a variety of fascinating activities for people seeking adventure. Visitors can kayak or raft along the Rapti River or take a zip line trip through the jungle canopy. For anyone interested in exploring Nepal's natural beauty, unique animals, and rich cultural legacy, Chitwan is a wonderful destination. Chitwan is a must-visit location for any traveler, offering a range of activities and attractions to see.

## Day 3:

- » Guided Nature Walk: Start your day with a guided nature walk led by an experienced park guide. Explore the trails, observe the flora and fauna up close, and learn about the unique ecosystem of the reserve.
- » Birdwatching: Engage in birdwatching activities, as Shuklaphanta Wildlife Reserve is known for its diverse birdlife. Spot various species of resident and migratory birds, including the rare Bengal floricans and Sarus cranes.
- » Visit Kanda and Bedkot Lakes: Head to Kanda and Bedkot Lakes, known for their scenic beauty and abundant birdlife. Spend some time near the lakes, enjoying the tranquility of the surroundings.
- » Cultural Interaction: In the evening, have a cultural interaction with the local Tharu community. Learn about

## Itinerary Chitwan

### Day 1:

- » You will be picked up from Bharatpur Airport or Bus Station.
- » After arrival, you'll have some time to refresh and have lunch at the hotel.
- » In the afternoon, you'll go on a Tharu Village Tour and Sightseeing. The Tharu people are an indigenous community in the region.
- » Later in the evening, you'll have the opportunity to witness a Tharu Cultural Show, which will showcase traditional music, dance, and performances.
- » Dinner will be provided at the hotel, and you'll stay overnight there.

### Day 2:

- » After breakfast, you'll embark on a Canoe Safari on the Rapti River. This safari will allow you to observe the wildlife and the natural beauty of the river.
- » After the canoe safari, you'll have some time to refresh and have lunch.
- » In the afternoon, you can choose to either go on an Elephant Safari or a Jeep Safari. These safaris will take you deeper into the jungle to spot wildlife such as elephants, rhinos, deer, and various bird species.
- » After the safari, you'll visit the local market of handicrafts, where you can explore and purchase locally made crafts and souvenirs.
- » Dinner will be provided at the hotel, and you'll stay overnight there.

### Day 3:

- » After breakfast, you'll visit the Elephant Breeding Centre. This center is dedicated to the conservation and breeding of elephants, and you'll have the opportunity to learn about these magnificent creatures and observe them up close.
- » Following the visit to the breeding center, it will be time for departure. You can proceed to your next destination or make arrangements for your onward journey.

their traditions, customs, and folklore. Experience traditional Tharu dance performances and indulge in local cuisine.

- » Overnight stay in the reserve.

### Day 4:

- » Morning Wildlife Spotting: Start early in the morning for another opportunity to spot wildlife. Witness the reserve's inhabitants in their natural habitat and capture memorable moments.
- » Departure: After breakfast, check out from the reserve and transfer back to Mahendranagar or your onward destination.

# Kathamndu Valley Rim Trail

Kathmandu Valley Rim Trek is a popular hiking route in Nepal that offers stunning views of the Himalayas, lush forests, traditional villages, and ancient temples. The trek is a perfect combination of natural beauty and cultural experiences. It is an ideal trekking destination for those who have limited time but want to experience the beauty and cultural richness of Nepal. The trek starts from Sundarijal, just an hour's drive from Kathmandu city, and takes you through dense forests of oak, rhododendron, and pine. You will pass through traditional villages, terraced fields, and ancient temples along the way.

The trek will take you to Chisapani, Nagarkot, Dhulikhel, and Namobuddha, all of which are renowned for their stunning views of the Himalayas. You will witness breathtaking sunrises and sunsets over the mountains and explore ancient monasteries, stupas, and shrines. Kathmandu Valley Rim Trek is a must-do trek for anyone who wants to experience Nepal's natural and cultural diversity. The trek is a perfect combination of stunning views, traditional culture, and natural beauty, making it an unforgettable experience.



## Day 1:

Arrival in Kathmandu

## Day 2:

Drive to Sundarijal and trek to Chisapani (2,194m)

## Day 3:

Trek from Chisapani to Nagarkot (2,175m)

## Day 4:

Trek from Nagarkot to Dhulikhel (1,550m)

## Day 5:

Trek from Dhulikhel to Namobuddha (1,750m)

## Day 6:

Drive back to Kathmandu

## Day 7:

Departure

# Gorkha Tour

Gorkha, located in central Nepal, is a historically significant and culturally rich destination that offers a blend of natural beauty and ancient heritage. It is renowned as the birthplace of King Prithvi Narayan Shah, the founder of modern Nepal, and holds great historical importance in the country's unification. One of the main attractions in Gorkha is the Gorkha Durbar (Gorkha Palace), a majestic fortress perched on a hilltop. The palace showcases impressive architectural craftsmanship and provides panoramic views of the surrounding landscapes. Visitors can explore the palace



## Day 1: Arrival in Kathmandu

- » Arrive at Tribhuvan International Airport in Kathmandu.
- » Meet and greet by a representative who will assist with the transfer to your hotel.
- » Rest and relax for the day.

## Day 2: Kathmandu Sightseeing and Drive to Gorkha

- » Explore the cultural and historical landmarks of Kathmandu, including UNESCO World Heritage Sites such as Pashupatinath Temple, Boudhanath Stupa, and Kathmandu Durbar Square.
- » In the afternoon, drive from Kathmandu to Gorkha (approximately 4-5 hours).
- » Check-in at your hotel in Gorkha and spend the evening at leisure.

## Day 3: Gorkha Durbar and Gorakhnath Cave Temple

- » Visit the Gorkha Durbar, the ancient palace and fortress that holds great historical significance.

complex, visit the temples within, and learn about the rich history and cultural heritage of the region. Gorkha is also a gateway to several stunning trekking routes, offering breathtaking views of the Himalayan mountain range. The Manaslu Circuit Trek, one of the popular trekking trails in the region, takes trekkers through picturesque villages, terraced fields, and rhododendron forests, with the towering Mount Manaslu as a backdrop. The trek offers a unique cultural experience, as trekkers pass through traditional Gurung and Tibetan-influenced villages, witnessing their way of life and warm hospitality. For those interested in spirituality, the Gorakhnath Cave Temple is a significant religious site in Gorkha. Dedicated to Gorakhnath, a revered sage in Hinduism, the temple is nestled within a natural cave. The spiritual ambiance, along with the panoramic views from the temple premises, creates a serene and peaceful atmosphere for visitors.

Exploring the streets of Gorkha Bazaar is another delightful experience. The bustling market offers a glimpse into the daily lives of the locals, with shops selling traditional handicrafts, spices, and local produce. Visitors can interact with the friendly locals, sample local cuisine, and shop for souvenirs to take back home. Accommodation options in Gorkha range from comfortable hotels to cozy guesthouses and homestays. The warm hospitality of the locals adds to the charm of staying in this culturally rich town. Visitors can indulge in authentic Nepali cuisine and immerse themselves in the local traditions and customs. Gorkha, with its historical significance, natural beauty, and cultural heritage, offers a unique and enriching experience for tourists. Whether you are interested in history, trekking, spirituality, or cultural exploration, Gorkha has something to offer to every traveler.

- » Explore the palace complex, including the Gorkha Museum and temples within the premises.
- » Afterward, visit the Gorakhnath Cave Temple, a sacred site nestled within a natural cave.
- » Enjoy the panoramic views from the temple premises and soak in the spiritual atmosphere.
- » Return to your hotel and spend the evening at leisure.

#### Day 4: Explore Gorkha Bazaar and Local Villages

- » Take a stroll through Gorkha Bazaar, the bustling market in the heart of the town.
- » Experience the local way of life, interact with friendly locals, and shop for traditional handicrafts and local produce.
- » In the afternoon, visit nearby villages to witness the local culture, traditional practices, and warm hospitality.
- » Learn about the local traditions and customs and immerse yourself in the rural charm of Gorkha.
- » Return to your hotel and spend the evening at leisure.

#### Day 5: Trek to Manakamana Temple

- » Embark on a trek to the famous Manakamana Temple,

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- dedicated to the Hindu goddess Bhagwati.
- » The trek takes you through scenic landscapes, lush forests, and traditional villages.
- » Enjoy the panoramic views of the Himalayas and the Trishuli River valley along the way.
- » After reaching the temple, offer prayers and soak in the spiritual ambiance.
- » Trek back to Gorkha and spend the evening at leisure.

#### Day 6: Drive back to Kathmandu

- » After breakfast, drive back to Kathmandu.
- » Check-in at your hotel and spend the rest of the day at leisure.
- » You can explore the vibrant streets of Thamel, indulge in shopping, or relax at a local café.

#### Day 7: Departure from Kathmandu

- » Transfer to Tribhuvan International Airport for your departure flight.
- » Bid farewell to Nepal, taking back wonderful memories of your Gorkha tour.



# Bandipur Tour



**B**andipur is a charming hilltop town located in the Tanahun district of Nepal. Situated at an altitude of 1,030 meters, Bandipur is known for its well-preserved Newari architecture, panoramic views of the Himalayas, and rich cultural heritage.

Once a bustling trading post along the historic trade route between India and Tibet, Bandipur retains its old-world charm with its narrow cobblestone streets, traditional houses, and ornate temples. The town's architecture reflects a fusion of Newari and Tibetan influences, creating a unique visual appeal.

Bandipur offers breathtaking views of the surrounding mountain ranges, including the Annapurna, Manaslu, and Dhaulagiri massifs. The sunrise and sunset vistas from the town are particularly stunning, providing an awe-inspiring backdrop for photography enthusiasts.

The town's cultural heritage is evident in its temples and shrines. Siddha Gufa, a nearby cave, is a sacred site believed to be the longest cave in Nepal. The Khadga Devi Temple, Bindabasini Temple, and Tindhara (a stone spout) are among the notable religious sites in Bandipur. Exploring Bandipur's streets is a delightful experience, with its traditional houses converted into cozy guesthouses, cafes, and shops. You can wander through the town, interact with friendly locals, sample local cuisine, and shop for traditional handicrafts and souvenirs.

For nature enthusiasts, hiking trails lead to nearby viewpoints and scenic spots. The hike to the nearby hilltop viewpoint of Tundikhel offers stunning vistas of the mountains and the town below. The surrounding countryside is dotted with terraced farms and lush forests, providing ample opportunities for nature walks and birdwatching. Bandipur's peaceful ambiance, away from the hustle and bustle of larger cities, makes it an ideal destination for relaxation and rejuvenation. It offers a perfect blend of cultural immersion, natural beauty, and tranquility.

Whether you are seeking cultural experiences, stunning mountain views, or a peaceful retreat, Bandipur offers a unique and memorable travel experience. It is a hidden gem that showcases the beauty and charm of rural Nepal, making it a must-visit destination for travelers looking for an off-the-beaten-path experience.

## Itinerary Bandipur

### Day 1: Arrival in Bandipur and Cultural Exploration

- » Arrive in Bandipur from Kathmandu or another nearby city.
- » Check-in at your accommodation and freshen up.
- » Take a leisurely walk through the town's cobblestone streets, marveling at the well-preserved Newari architecture and ornate temples.
- » Visit the Bindabasini Temple, one of the main religious sites in Bandipur, and witness the rituals and local customs.
- » Explore the Siddha Gufa, the longest cave in Nepal, located near Bandipur. Marvel at the stalactites and stalagmites inside the cave.
- » Enjoy a traditional Newari dinner at a local restaurant, savoring the flavors of authentic local cuisine.

### Day 2: Sunrise Viewpoint and Nature Walk

- » Wake up early to catch the breathtaking sunrise views from the nearby viewpoint. Hike or drive to the Tundikhel viewpoint and witness the golden rays of the sun illuminating the Himalayan peaks.
- » After breakfast, embark on a nature walk in the surrounding countryside. Enjoy the scenic beauty of terraced farms, lush forests, and panoramic mountain views.
- » Visit the Khadga Devi Temple, dedicated to the goddess Kali. Observe the religious rituals and admire the traditional architecture of the temple.
- » Explore the local market and shops, where you can find traditional handicrafts, souvenirs, and locally made products.
- » In the evening, participate in a cultural program or traditional dance performance, immersing yourself in the local culture.

### Day 3: Hiking and Departure

- » After breakfast, embark on a hiking trail in the nearby hills. There are several options available, depending on your fitness level and interests. The hiking trails offer beautiful views of the surrounding landscape and a chance to experience the tranquility of nature.
- » Visit the Tindhara, a stone spout believed to have sacred water. Take a refreshing break and enjoy the serene ambiance.
- » Return to Bandipur for lunch and some leisure time to relax and soak in the town's atmosphere.
- » Bid farewell to Bandipur and check out from your accommodation.
- » Depart from Bandipur and proceed to your next destination, whether it's back to Kathmandu or another part of Nepal.

# Panauti Tour



**P**anauti is a historic town located in the Kavrepalanchok District of Nepal, approximately 32 kilometers southeast of Kathmandu. Situated at the confluence of the rivers Roshi and Punyamati, Panauti is known for its ancient heritage, traditional architecture, and cultural significance. With a history dating back over 1,400 years, Panauti is one of the oldest towns in Nepal. It has witnessed the rise and fall of various dynasties, leaving behind a wealth of historical and architectural treasures. The town's well-preserved temples, intricately carved wooden houses, and ancient monuments showcase its rich cultural heritage.

Panauti is home to several sacred sites and temples, including the Indreshwar Mahadev Temple, a stunning three-tiered pagoda-style structure dedicated to Lord Shiva. The Brahmayani Temple, dedicated to the goddess

Brahmayani, is another notable religious site. These temples, along with many others, attract pilgrims and tourists who come to admire their architectural beauty and participate in religious rituals. The town is also famous for its festivals and cultural traditions. The Panauti Jatra, held every twelve years, is a grand celebration that showcases the town's vibrant culture, with processions, music, dance, and religious ceremonies. Festivals like Dashain and Tihar are celebrated with great enthusiasm, offering visitors a chance to immerse themselves in the local traditions and customs. Panauti's scenic beauty adds to its allure. Surrounded by verdant fields, flowing rivers, and the foothills of the Himalayas, the town offers picturesque landscapes ideal for nature walks, hikes, and photography. The tranquil ambiance and serene atmosphere provide a perfect escape from the hustle and bustle of city life.

Visitors to Panauti can also experience the warmth and hospitality of the local community through community homestays. Staying with local families allows travelers to gain a deeper understanding of the local way of life, indulge in authentic Nepali cuisine, and create meaningful connections. Panauti's location near Kathmandu makes it easily accessible for day trips or as a stopover during a longer itinerary. It offers a glimpse into Nepal's rich history and cultural heritage, providing a rewarding experience for those seeking an off-the-beaten-path destination. Panauti is a charming town with a fascinating history, ancient architecture, cultural celebrations, and natural beauty. It offers a unique opportunity to explore the cultural heritage of Nepal and connect with the local community, making it a must-visit destination for travelers seeking an authentic and enriching experience.

## Day 1: Arrival in Panauti and Cultural Exploration

- » Arrive in Panauti from Kathmandu or another nearby destination.
- » Check-in at your accommodation and freshen up.
- » Start your exploration by visiting the Indreshwar Mahadev Temple, a prominent religious site in Panauti. Admire its beautiful architecture and learn about its significance.
- » Take a walk through the narrow streets of Panauti's old town, marveling at the traditional Newari houses and intricate wood carvings.
- » Visit the Panauti Museum to gain insights into the town's rich history and cultural heritage.
- » In the evening, enjoy a traditional Nepali dinner at a local restaurant, savoring the flavors of authentic local cuisine.

## Day 2: Nature Walk and Rural Experience

- » Begin the day with a nature walk in the countryside surrounding Panauti. Enjoy the scenic beauty of the lush green fields, terraced farms, and serene landscapes.
- » Visit a local organic farm and learn about sustainable

farming practices. Engage in farming activities and experience the traditional agricultural lifestyle of the locals.

- » Have a picnic lunch amidst nature, soaking in the peaceful ambiance.
- » In the afternoon, participate in a pottery workshop and learn the art of traditional clay pottery from skilled artisans.
- » Experience a community homestay, where you can interact with a local family, learn about their daily life, and dine on authentic Nepali cuisine.

## Day 3: Spiritual Exploration and Departure

- » Start the day by visiting the Brahmayani Temple, another important religious site in Panauti. Observe the rituals and immerse yourself in the spiritual atmosphere.
- » Take a serene walk along the riverside, enjoying the tranquility and connecting with nature.
- » If time permits, visit the nearby Namo Buddha Stupa, a sacred Buddhist site known for its peaceful ambiance and panoramic views.
- » In the afternoon, bid farewell to Panauti and check out from your accommodation.
- » Depart from Panauti and proceed to your next destination, whether it's back to Kathmandu or another part of Nepal.





## Pokhara Tour

Pokhara, which is located in Nepal's scenic Himalayan area, is a popular vacation spot for couples. Pokhara offers the ideal balance of calm and adventure with its quiet lakes, spectacular mountains, and entrancing natural beauty. Pokhara ensures that couples will have a wonderful time, whether they choose to go on a daring hike, stroll hand in hand along the lakeshore, or fully immerse themselves in the community. Pokhara's star

attraction is its mesmerizing lakeside area, overlooking the calm waters of Phewa Lake. Take a romantic boat ride across the lake, surrounded by lush green hills and snow-capped peaks reflecting on the water's surface. Explore the charming lakeside promenade, dotted with cafes, restaurants, and shops, where you can indulge in delicious Nepali cuisine or pick up unique souvenirs to commemorate your trip.

Pokhara is renowned for its breathtaking mountain vistas and offers couples an awe-inspiring backdrop for their romantic escape. For couples seeking adventure, Pokhara offers paragliding, diving, whitewater rafting, trekking, spa treatments, couples' massages, and candlelit dinners. For couples seeking peace and tranquility, Pokhara offers peaceful retreats and luxurious resorts, spa treatments, couples' massages, and candlelit dinners. To immerse themselves in the local culture, visit ancient temples and monasteries.

Pokhara offers the ideal environment for couples to make priceless memories because of its tranquil lakes, breathtaking mountains, and romantic atmosphere. Every couple may find something to enjoy in Pokhara, whether they want to relax by the lake, go on an adventure in the mountains, or experience local culture. Plan your romantic getaway to this Nepalese paradise now, and allow Pokhara to enchant you and your special someone with a genuinely amazing experience.

### Day 1–Morning:

- » Arrive in Pokhara and check into your hotel.
- » Enjoy a leisurely breakfast to start your day.
- » Head to the Phewa Lake and take a boat ride to the Tal Barahi Temple, located on an island in the middle of the lake. Explore the temple and enjoy the serene surroundings.
- » After the temple visit, stroll along the lakeside promenade, known as Lakeside Road, and explore the shops, cafes, and restaurants.
- » Visit the International Mountain Museum, which showcases the culture, geology, and mountaineering history of the Himalayas.
- » In the evening, enjoy a delicious dinner at one of the lakeside restaurants.

### Day 2–Morning:

- » Wake up early to catch the sunrise from Sarangkot Hill. Drive or hike to the hilltop viewpoint and witness the breathtaking panoramic views of the Annapurna and Dhaulagiri mountain ranges.
- » Return to your hotel for breakfast.

#### Afternoon:

- » Visit the Peace Pagoda, a Buddhist stupa located atop a hill. Enjoy a short hike or hire a boat to reach the stupa and soak in the peaceful atmosphere.
- » Explore the nearby Devi's Fall, also known as Patale Chhango. Witness the powerful waterfall and admire the natural beauty.
- » Visit the Gupteshwor Mahadev Cave, located opposite Devi's Fall. Explore the cave system and marvel at the rock formations.

- » If time permits, you can indulge in some adventure activities like zip-lining or paragliding.

#### Evening:

- » Take a leisurely walk along the lakeside promenade and enjoy the beautiful sunset.
- » Treat yourself to a delicious dinner at a lakeside restaurant.

### Day 3–Morning:

- » After breakfast, visit the Bindhyabasini Temple, a sacred Hindu shrine located near the Old Bazaar area. Take part in the morning prayers and experience the spiritual ambiance.
- » Explore the Old Bazaar and browse through the local shops, where you can find handicrafts, souvenirs, and traditional Nepali products.
- » If time allows, you can visit the Gurkha Museum, which showcases the history and bravery of the Gurkha soldiers.

#### Afternoon:

- » Take a relaxing boat ride on Phewa Lake and enjoy the serene surroundings.
- » Visit the Seti River Gorge and witness the powerful flow of the river as it cuts through the deep gorge.
- » Explore the Mahendra Cave, a limestone cave that offers an intriguing underground experience.

#### Evening:

- » Enjoy a final dinner at a local restaurant, savoring the delicious Nepali cuisine.
- » Take a leisurely stroll along the lakeside and soak in the evening ambiance.
- » Depart from Pokhara, taking with you beautiful memories of the trip.



# Lumbini

## Butwal Tour

A trip to Lumbini, Bhairahawa, and Butwal offers a unique blend of cultural and spiritual experiences. Starting in Bhairahawa, the gateway to Lumbini, you'll have the opportunity to immerse yourself in the birthplace of Gautama Buddha. Lumbini, a revered pilgrimage site, showcases the Maya Devi Temple, where Buddha was born, and the Sacred Garden, adorned with monasteries and stupas. Delve into the teachings of Buddhism, explore archaeological ruins, and bask in the serene ambiance of this spiritual sanctuary.

Moving on to Butwal, a short distance from Bhairahawa, you'll discover a city rich in Hindu traditions and historical significance. The Siddhababa Temple beckons with its devotion to Lord Shiva, while the Tansen Durbar unveils a glimpse of the region's architectural heritage. Enjoy the scenic beauty of Butwal and its surroundings, offering a tranquil retreat amidst nature's embrace.

Throughout this journey, you'll witness the intertwining threads of Buddhism and Hinduism, experiencing the harmonious coexistence of diverse spiritual practices. Whether you seek enlightenment, cultural immersion, or a spiritual rejuvenation, the Lumbini-Bhairahawa-Butwal trip promises an unforgettable voyage through ancient traditions and breathtaking landscapes.

### Day 1: Arrival in Bhairahawa

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- » Arrive at Gautam Buddha Airport in Bhairahawa.
- » Transfer to your hotel and check-in.
- » Take some rest and acclimatize to the local surroundings.
- » Explore the local markets and nearby attractions in Bhairahawa.

### Day 2: Lumbini Sightseeing

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- » After breakfast, drive to Lumbini, which is approximately 25 kilometers away from Bhairahawa.
- » Visit the Maya Devi Temple, the exact birthplace of Lord Buddha.
- » Explore the Sacred Garden, which includes various monasteries, stupas, and historical sites related to Buddhism.
- » Visit the Ashoka Pillar, which marks the spot where Emperor Ashoka erected a pillar to commemorate his visit to Lumbini.
- » Spend the day learning about Buddhism and enjoying the peaceful ambiance of Lumbini.
- » Return to Bhairahawa in the evening.

### Day 3: Butwal Excursion

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- » After breakfast, drive to Butwal, which is approximately 20 kilometers from Bhairahawa.
- » Visit the Siddhababa Temple, a popular Hindu temple dedicated to Lord Shiva.
- » Explore the Tansen Durbar, a historical palace known for its architecture and historical significance.
- » Enjoy the scenic beauty of Butwal and its surrounding areas.
- » Return to Bhairahawa in the evening.

### Day 4: Departure

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- » Check out from your hotel in Bhairahawa.
- » Depending on your onward travel plans, you can either fly out from Gautam Buddha Airport or proceed to your next destination by road.







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